

**TRANSFORM YOUR LIFE TODAY**

**- CALL -**

**ROBERTA ROBERTS MITTMAN**



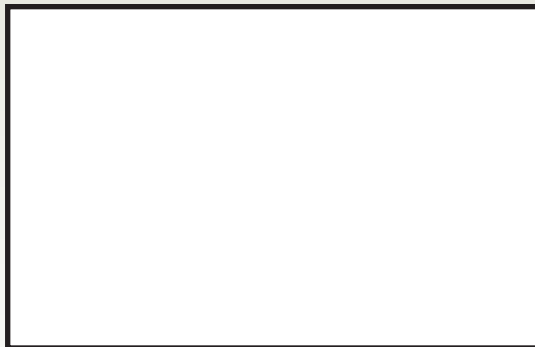
**212-686-0939**



**ROBERTAMITTMAN.COM**



*- Stop the struggle within within -  
Change yourself and watch the  
world around you change*



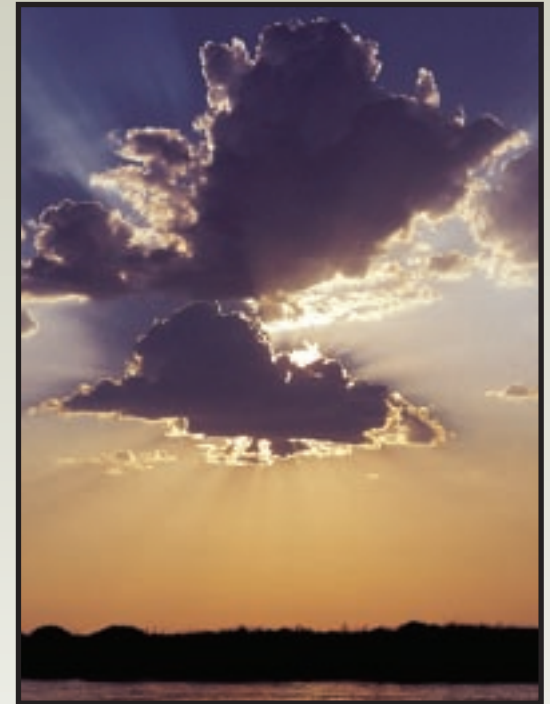
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**BIO-ENERGETICS**

**IF YOU WANT THE  
SAME RESULTS**

**THEN KEEP DOING  
THE SAME THINGS**



**IF YOU WANT TO  
CHANGE**

**THEN TURN THE  
PAGE**

# ESI



## *Emotional Stress Intergration*

ESI works like a laser to get the core of an issue and unblock negative patterning.



### Real help for:

- Stress
- Chronic and Acute Illness
- Anxiety
- Self-Defeating Behavior
- Depression
- Addiction
- Relationship Challenges
- Creativity Blocks



## *Want to Change ?*

Bio-energetics is an exciting new blend of western technology and eastern medical practice.



"I remain convinced that all medical practitioners should learn and use the bio-energetic techniques. All degenerative processes can be seen easily before they manifest themselves as cancer, heart disease and stroke."

Burton Goldberg  
Founder and Publisher  
Alternative Magazine

# BEST



## *Bio-Energetic Stress Testing*

BEST assesses the balances and imbalances in the meridian systems.



### Discover:

- Hidden food sensitivities & allergies
- Personalized homeopathic, herbal and nutritional remedies
- Your unique cellular detoxification program
- Hormone and immune system balancing

# BIO-ENERGETICS